

ASIAN EDUCATIONAL INSTITUTE
(An Autonomous College)
Syllabus for Certificate Course (Beauty and
Wellness)
(Duration- Six months)

Syllabus of skincare

Unit-1: Personal skills for Professionals

- Personality development
- Personal grooming
- Professional ethics
- Communication skills/Body language
- Client consultation

Unit-2: Skin Structure

- Structure of skin
- Layers of skin
- Analysis of skin

Unit-3: Basic Skincare

- Cleansing
- Moisturizing
- Exfoliation/Steaming
- Facial

Unit-4: Basics of Depilation

- Threading
- Waxing
- Bleaching

Syllabus of Haircare

Unit-1: Introduction to Hair Industry

- Professional Image
- Health safety and risk
- Knowledge of tools
- Shampoo and conditioning
- Client consultation
- Scalp massage

Unit-2: Thermal Styling

- Blow dry
- Ironing
- Crimper
- Curls
- Hot rollers
- Waver

Unit-3: Hair styling and Dressing

- 2 strand braid
- 3 strand braid
- 4 strand braid
- 5 strand braid
- Rope
- French
- Dutch
- Fish tail
- Waterfall
- Boohoo
- Apple bun
- Bengali bun
- Flower bun
- Bun with curls
- Puff

Syllabus of Nail

Unit-1: Nail art

- Characters
- Brush work
- Accessory use
- Glitter work
- Nail polish use
- Marble work
- Needle work
- Sponge work
- Foil work
- Latex
- Stamping
- Newspaper art
- Water declare
- Dotting tools

Unit-2: Nail Anatomy

- Nail shapes
- Temporary nails

Syllabus of Makeup

Unit-1: Introduction

- History of makeup
- Color wheel
- Skin tones/ types
- Brow Shaping
- Krylon theory
- Personal grooming

Unit-2: Prepare the Skin

- Cleansing
- Toning
- Moisturizing

Unit-3: Selection of Tools

- Different types of brushes
- Makeup products
- Selection of sponges

Unit-4: Types of Makeup

- Day makeup
- Evening makeup
- Teenage makeup